

Welcome to Latvia

We invite you to take part in Competition in Trail Orienteering
Paralympic Cup
J Ū R M A L A ' 2 0 1 6



"TU VARI '2016"

I N V I T A T I O N

April 22.-24., 2016,
Jūrmala, Vaivari, Latvia

Time and place

April 22.-24., 2016, Jūrmala, Vaivari, Latvia

Competition center in National Rehabilitation Centre "VAIVARI"

Address: Asaru avenue 61, Vaivari, Jūrmala, Latvia

<http://www.nrcvaivari.lv/en>

Programme

April, 22

Till 9 ³⁰ p.m. In Vaivari	Arrival and registration of participants.
Approx. 10 ³⁰ p.m.	Start Competition in Pre-O at night. Don't forget to take a Head lamp!!!

April, 23

10 ⁰⁰ a.m. In Vaivari	Start Competition in Pre-O
5 ⁰⁰ p.m. In Kaugurciems	Start Competition in TempO + Photo-O
Till 7 ⁰⁰ p.m. In Kaugurciems	Accepting applications for Competition in Trail-O relay

April, 24

Till 10 ⁴⁵ a.m. In Vaivari	Clarifying of team members and information about Trail-O relay Competition
10 ⁵⁰ a.m.	Escorting participants to the starting place
11 ⁰⁰ a.m.	Mass start for first stage in Pre-O relay competition
Approx. 3 ⁰⁰ p.m.	Awarding

Groups of participants

PE - Paralympic "ELITE"

PB - Paralympic „B” – beginners;

PJ – Paralympic group of young people - born in 1999 and younger

AE – Open group

AJ - Open group of young people - born in 1999 and younger

Team

The team consists of four members from the country, but **at least one member** must be **from the Paralympic Class**. The number of teams from the country unlimited.

Assessment of results

Pre-O , **TempO** and **Trail-O relay** results will be estimated according to rules competition in Trail-O.

Results in a **all-round** Orienteering (**Pre-O** + **TempO** + **Photo-O**) will be assessed by the summation of points for correct answers and summing seconds

Rewarding

Pre-O (*in night and in day*) **TempO** and **Trail-O relay** - Medals for first 3 places in each group.

All-round Orienteering (**Pre-O** + **TempO** + **Photo-O**) - Medals and memorable prizes for the first 3 places in each group.

Teams for the first three places Paralympic cups of **City Council of Jūrmala and diplomas**

Applications

Open from **1 to 20 April** (*at 11⁵⁹ p.m.*) on the OK-Ziemeļkurzeme web-page Click [HERE](#)

<http://www.okzk.lv/index.php?tu-vari&pieteikums&gads=2016>

April 22 till **9³⁰ p.m.**, participants have to arrive in the center competition, and be registered

Entry fee

PE and **AE** - **€ 15** If taking part at **all 4 types** of programme competition

If taking part at only one, two or three types of programme competition - **€ 5 for each start;**

AJ - **€ 5** If taking part at **all 4 types** of programme competition

If taking part at only one, two or three types of programme competition - **€ 2 for each start;**

Payment done in at day competition

PB and **PJ** - **Free of charge**

Additional information

More detailed information will be day of competitions on information board

If there are any questions about competitions, please, write by e-mail.

Address: orient.navigators@gmail.com

Accommodation

Hotel **NRC "Vaivari."**

Information about hotel services This link

<http://www.nrcvaivari.lv/en/content/hotel-and-other-services>

It is recommended to reserve rooms **at least in two weeks prior to competition**

Booking Phone NR + **371 67766122**

E-mail: ulrika.eistreike@nrc.lv

Public catering

In NRC "Vaivari" - **Daily Restorāns**, Approximate cost of a lunch is about 3-4 €

<http://www.daily.lv/lv/daily/>

Other possible accommodation and meals in Jurmala, look at these websites:

<http://www.tourism.jurmala.lv/page/333> un <http://www.tourism.jurmala.lv/page/273>

LATVIJA

